



Associate in Arts in Psychology (TCC) to Bachelor of Science in Human Development and Family Science, Family and Consumer Sciences Education Option (OSU) School Instruction or Cooperative Extension Service Areas

Available in Stillwater

Tulsa Community College (years 1 and 2) – 2024-25

Year One – Tulsa Community College

Fall

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TCC Equivalent or Substitute	OSU Requirement	√
ENGL 1113 Composition I	ENGL 1113	
HIST 1483 – Am Hist 1492 – Civil War	HIST 1483 (H)	
or	or	
HIST 1493 – Am Hist Civil War - now	HIST 1493 (DH)	
PSYC 1113 Introduction to	PSYC 1113 (S)	
Psychology		
MATH 1513 Precalculus or MATH	MATH 1513 (A) or	
1483 Math Functions and Their Uses	MATH 1483 (A)	
General Ed Recommended Elective		
SOCI 1113 – Introduction to	SOC 1113 subs for	
Sociology	HDFS 1112	
Semester Credit Hours at TCC: 15		

Spring

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TCC Equivalent or Substitute	OSU Requirement	✓
ENGL 1213 Composition II	ENGL 1213	
MATH 2193 Elementary Statistics	STAT 2013 (A)	
Humanities (3 credit hours)	Humanities (H)	
CHEM 1114 Principles of Chemistry	CHEM 1—4 (LN) subs for CHEM 1014**	
PSYC 2023 Developmental Psychology	PSYC 2583 (S) subs for HDFS 2113	
Semester Credit Hours at TCC: 16		

Year Two-Tulsa Community College

Fall

TCC Equivalent or Substitute	OSU Requirement	✓
BIOL 1383 Nutrition	NSCI 2013 (N)	
ECON 1353 – Personal Finance	FIN 2123	
PSYC 2813 Human Sexuality	PSYC 2593 subs for	
	HDFS 2213	
PSYC from listed choices (3 credit hours)	A, H, N, or S**	
COMM 1113 Public Speaking	SPCH 2713 (S)	
Semester Credit Hours at TCC: 15		

Spring

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TCC Equivalent or Substitute	OSU Requirement	✓
Humanities (3 credit hours)	Humanities (H)	
POLS 1113 American Federal	POLS 1113	
Government		
Natural Science (N) or any course to	Natural Science	
meet AA requirements including	(N)**	
COLL 1003 College Success (2 – 3		
hours)		
PSYC from listed choices (3 credit	OSU Elective	
hours)		
SOCI 2013 Marriage and Family	SOC 4723 (S) subs	
Recommended Elective	for HDFS 2433	
Semester Credit Hours at TCC: 14-15		

Before transferring to OSU, have the TCC Registrar send an official transcript to the OSU Admissions Office with any degrees earned noted on the transcript. If you have not completed the requirements for an associate degree, talk with your OSU Academic Advisor about Reverse Transfer options to use OSU coursework to complete your TCC associate degree.

^{**}General education requirements waived upon completion of Associates Degree



Oklahoma State University (years 3 and 4) - 2024-25

Year Three – Oklahoma State University

Fall

OSU Requirement	✓
NSCI 3223 – Nutrition Across the Life Span	
DM 1003 – Design Theory & Processes for Design and	
Merchandising	
DM 1103 – Basic Apparel Assembly	
HDFS 3603 – Family and Consumer Sciences Classroom	
Management & Educational Foundations	
CIED 4133 – Intro to K-12 English Language Learners	
HTM 1103 – Intro to Hospitality and Tourism	
Semester Credit Hours at OSU: 18	

Spring

OSU Requirement	✓
DM 2573 Textiles	
HDFS 3123 – Parenting	
HDFS 3623 – Field Experiences in Family & Consumer	
Sciences Education	
HTM 1113 – Introduction to Food Studies	
HTM 2021 – Food Safety & Sanitation	
NSCI 3543 – Food and the Human Environment	
SPED 3202 – Educating Exceptional Learners	
Semester Credit Hours at OSU: 18	

Summer (Between Years 3 & 4) - EDHS 1111, HDFS 3413 = 4 credit hours

Year Four – Oklahoma State University

Fall

OSU Requirement	√
DM 2913 – Sewn Product Quality Analysis or	
DM 2204 Intermediate Apparel Assembly	
HDFS 3423 Adolescent Development in Family	
Contexts	
EDTC 3123 – Applications of Educational Technologies	
HDFS 4913 – Instructional Methods in Family & Consumer	
Sciences	
HDFS 4413 – Successful Aging	
HDFS 4521 – HDFS Child & Family Services: Pre-Internship	
(Only if extension option)	
Semester Credit Hours at OSU: 15-16	

Spring

OSU Requirement	✓
HDFS 4713 Family Resource Management	
If Education option:	
HDFS 4520(6) –Student Teaching in Family & Consumer	
Sciences Education	
If Extension option:	
HDFS 4563 – Internship in Child & Family Services I	
(3 credit hours)	
HDFS 4572 – Internship in Child & Family Services II	
(2 credit hours)	
Semester Credit Hours at OSU: 8-9	

This plan is only one example of how a student may successfully complete degree requirements in four years. Students should work with their advisors on course rotations.

